

Name	1 RM C&J	Row + Thruster/ Burpee Ladder	Total	Ranking
Matt Herrick	245lbs	77	322	1
Danny Reuter	250lbs	70	320	2
Bill Krukowski	255lbs	60	315	3
Mike Tierney	245lbs	69	314	4
Brian Strack	240lbs	68	308	5
Riggs Goodman	235lbs	65	300	6
Pete Lepore	215lbs	69	284	7
Rich Romito	205lbs	73	278	8
Jim Lanz	195lbs	77	272	9
Kevin Abbamonte	225lbs	45	270	10
Chris Contaldi	215lbs	55	270	10
Vinnie Gorta	215lbs	51	266	12
Rick Hacker	197.5lbs	65	262.5	13
Blair Brownyard	185lbs	64	249	14
Joe Zvonik	205lbs	44	249	14
John Rose	185lbs	57	242	16
Pat Carpenter	175lbs	66	241	17
Steve Marshall	175lbs	65	240	18
Chris French	185lbs	53	238	19
Kevin Kelsey	175lbs	56	231	20
Chris Rosario	185lbs	45	230	21
Mark Massa	185lbs	44	229	22
TJ Waters	190lbs	28	218	23
Brian Power	155lbs	62	217	24
Rob Jantzen	175lbs	41	216	25
Ryan O'Leary	165lbs	44	209	26
Steven Farrell	225lbs	75	300	27
John Burke	215lbs	50	265	28

Name	1 RM C&J	Row + Thruster/ Burpee Ladder	Total	Ranking
Shawn Shelley	205lbs	54	259	29
Gene Ambrosia	185lbs	64	249	30
Ryan Gallagher	155lbs	75	230	31
Mike Lucca	165lbs	62	227	32
Dan Neyland	155lbs	70	225	33
Kurt Caminske	145lbs	73	218	34
John Filipowicz	145lbs	61	206	35
Eric Farrell	145lbs	56	201	36
John Hough	145lbs	53	198	37
Greg Millwater Sr	135lbs	55	190	38
Owen Chapey	130lbs	55	185	39
Nick Citizen	145lbs	35	180	40
Jeff Smith	135lbs	41	176	41
Greg Hessian	135lbs	37	172	42
Mike Cantley	135lbs	31	166	43